

Diabetes Prediction using Machine Learning Algorithms

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Abstract – Diabetes is one of the harmful health disease which is affecting millions of people in the world. By diagnosis, prediction and by taking proper medications and management it can be cured after certain time duration. Many such techniques are formed and invented using Machine Learning Algorithms through which we can detect and predict which type of diabetes. Data mining-based forecasting tools for diabetes data analysis can aid in the early diagnosis and prediction of the disease, as well as its associated crucial events like hypo/hyperglycemia. In this field, a variety of approaches for diabetes detection, prediction, and classification have been established. We give a complete evaluation of the state-of-the-art in data mining-based diabetes diagnosis and prediction in this work. The purpose of this work is twofold: first, we will investigate and explore data mining- based diagnosis and prediction methods in the field of diabetes glycemic management. Second, based on the findings of this study, we present a complete classification and comparison of the methodologies that have been widely utilised for diabetes diagnosis and prediction based on essential factors.

Key Words: XG Boost, Random Forest, Health Care Diabetes Mellitus.

1. INTRODUCTION

Diabetes is a non-communicable chronic disease that disrupts the body's natural blood glucose concentration management. Insulin and glucagon, which are released by cells in the pancreas, are usually responsible for controlling blood glucose levels. However, diabetes is caused by aberrant hormone secretion. There are several forms of diabetes, each with a varied prevalence; nevertheless, type 1 diabetes, type 2 diabetes, and gestational diabetes mellitus are the most frequent (GDM). Children are more likely to get type 1 diabetes, while middle-aged and elderly people are more likely to develop type 2. Diabetes is one of the most dangerous metabolic conditions in today's world. Diabetes is a long-term health problem. Diabetes affects around 400 million people globally. India has an estimated 77 million diabetics,

making it the world's second-largest diabetic population behind China. To compare both Machine Learning Algorithms, they employed Logistic Regression with 96 percent accuracy and AdaBoost with 98.8% accuracy in the given basis article. As a result, we're putting the XGBoost and Random Forest algorithms to the test to see which one has the highest accuracy %. As a result, we can use the optimal algorithm for our project. Because there are a rising number of diabetic patients around the world, not all test labs are real or valid. As a result, we've proposed our Diabetes Prediction App. This will aid us in analysing and comparing test lab reports to actual data. If a patient has test lab reports, he or she can self-test them using our proposed programme. We make ideas to users of home remedies, pharmaceuticals, and doctor's recommendations based on Diabetes Analysis as low, medium, and high.

1.1 XGBoost

Extreme Gradient Development Algorithm is what XGBoost stands for. Gradient boosting is a type of integrated machine learning technique that can be used to distinguish or forecast model deficit problems. "Extreme Gradient Boosting" is what XGBoost stands for. XGBoost is a dispersed gradient enhancement library that focuses on efficiency, flexibility, and portability. The Gradient Boosting framework employs machine learning methods. It provides a consistent tree upgrade that can be used to tackle a variety of data science challenges quickly and accurately. It refers to both the algorithm for raising tree trunk gradients and the open-source framework that implements that approach. We can simply call the algorithm "XGBoost the Algorithm" and the framework "XGBoost the Framework" to distinguish between the two definitions of XGBoost.



Fig 1. XG Boost Algorithm

The following are simple procedures that can be utilised to solve any data problem utilising the XGBoostAlgorithm:

- Step 1: To upload all of your libraries (xgboost).
- Step 2: To upload the database.
- Step 3: Feature Engineering and Data Cleaning
- Step 4: Fine-tune the model before launching it.

1.2 Random Forest

Random Forest is a well-known machine learning technique that is used in conjunction with supervised learning. In ML, it can be used to solve both scheduling and retrieval problems. It is built on the notion of integrated learning, which is the process of combining many dividers to solve a complicated problem and efficiently increase model performance. As the name implies, the Random Forest is a sub-division that contains a number of decision trees for various datasets and collects measurements to improve the datasets prediction accuracy. Instead of depending on a single decision tree, the random forest forecasts the eventual conclusion by making predictions on each tree based on many predicted votes.

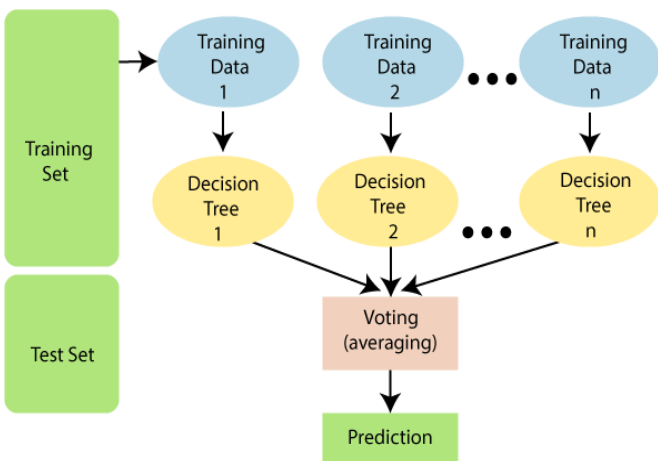


Fig 2. Random Forest

Pseudocode of Random Forest is as follows:

- Step 1: Pick K data points at random from the training set.
- Step 2: Create decision trees for the data points you've chosen (Subsets).
- Step 3: Decide on the number N for the decision trees you wish to create.
- Step 4: Repetition of Steps 1 and 2.
- Step 5: Find the forecasts of each decision tree for new data points, and allocate the new data points to the category with the most votes.

1. System Architecture

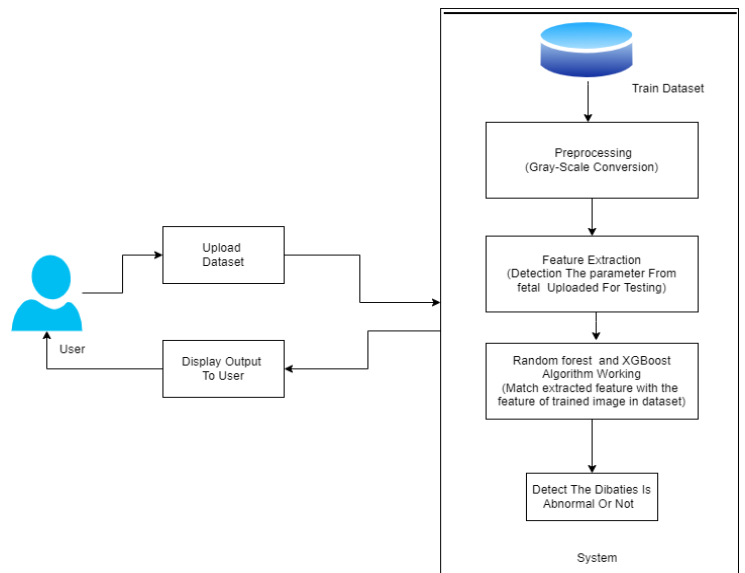


Fig 3. System Architecture

• Pre-processing

Preliminary processing is divided into numerous steps in this module, each of which is depending on the tasks and text, but may be loosely classified as considerably split, cleaning, normalisation, comments, and analysis. Preliminary text processing is a technique for cleaning and preparing text data for modelling. In some circumstances, text data comprises numerous sorts of noise, such as emotion, punctuation, and text.

• Features Extraction

This module's extraction of text functions is a procedure that involves choosing a word list from text data and then turning it to a set of functions. The weight calculation is known as the extraction of the text function, and the choice of document features might reflect information on the word

of the contents. Filtering, merging, matching, and clustering are all common approaches for extracting text features.

- Segmentation

Text splitting is a technique for dividing a document into smaller chunks, known as segments. In word processing, it is commonly utilised. Every part has its own significance. Depending on the text analysis task, these segments are categorised as words, sentences, themes, phrases, or information units.

- XG Boost Classification, Random Forest
- Import the data.
- Look at the data to see how it looks.

3. CONCLUSIONS

As a result, we're working on a system that uses Machine Learning Algorithms like XGBoost and Random Forest. You can get reliable results by comparing these two algorithms and then implementing the same algorithm.

Diabetes prediction was carried out in this study utilising the suggested ensemble model on the dataset, with preprocessing playing an essential part in ensuring a reliable and accurate prediction. The proposed preprocessing strategy increased the dataset's quality, with a focus on eliminating outliers and filling missing values as a primary concern.

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