

# Data Analysis on Suicides in India

## Its Causes, Statistics, Ratios and Prevention Solutions

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**Abstract:** The suicide rate in India is 10.3. Over the past three decades, the suicide rate has increased by 43% but the proportion of women remains stable at 1.4: 1. The majority (71%) suicide in India by people under the age of 44 has led to greater social, emotional and economic burden. A total of 54 articles on "suicide" have been published in the IJP. Numerous studies indicate that suicide rates are much higher than officially reported. Poisoning, hanging and hiding (especially women) were suicides. Physical and

mental illness, relationship problems, and economic hardship were major causes of suicide. Weak people are found as women, students, farmers etc. The public and private health response in addition to the mental health response is important in preventing suicidal behavior in India.

**Key Words:** Suicide, India, Risk Factors, Accidents

### Introduction:

Suicide is considered a major public health problem. The WHO acknowledges that suicide is a global problem affecting all nations, especially low-income countries. Suicide has a devastating effect not only on those who commit suicide but also on families, communities, and communities. The WHO recognizes that most deaths are serious and require effective, comprehensive, diverse responses, and national prevention strategies. WHO supports restricting access to means that include pesticides, guns, and certain prescription drugs. We recognize the need to manage mental health concerns including alcohol and drug abuse. It supports the need to exclude mental illness and mental health care from the community. It emphasizes the need to participate in suicide prevention as an integral part of health and early intervention.

The WHO's Mental Health Gap Action Program (mhGAP) includes identifying the risk of suicide as a health priority. It has developed an intervention guide for the diagnosis and management of mental illness, substance abuse and suicidal ideation and programs, and history of intentional self-harm. The WHO Mental Health Action Plan 2013-2020 prioritizes suicide prevention and includes indicators that

measure progress. These include (i) reducing suicide rates; (ii) the number of successful suicide prevention interventions; and (iii) a decrease in the number of suicide attempts at the hospital. The plan aims to reduce suicide by 10% by 2020.

The WHO is also launching a variety of intervention studies, which seek to raise awareness of the problems. It leads to reduced discrimination and impact on national policies. It includes suicide monitoring, international technical support, regional and national workshops, production and distribution of resources, the promotion, and randomized clinical trial of suicide prevention interventions.

However, suicide is sometimes on the minds of Indians, especially when the National Crime Records Bureau (NCRB) releases statistics. The country has an annual practice of discussing suicide, controversy, criticism of current methods, gaining political points, and highlighting certain solutions. A short period of public attention and media flexibility means that suicide is a normal part of the media cycle.

**Aims & Objective:**

The study conducted a limited study of Indian publications on suicide, as shown in the international Scopus database during year 2005-2014. In particular, the research focuses on the following objectives:

- Study the growth and distribution of international and Indian literature on suicide
- Study the share of international cooperation documents and the contribution of major export partners in India.
- Read the distribution of references found in Indian literature.

**Types of Suicide:****1. Egoistic Suicide:**

Suicide, according to Durkheim, is due to a lack of social cohesion in the religious, domestic, and political spheres.

The weaker the groups, the more they rely on them, the more they rely on him and the moral values that are so dependent on his private interests. Each ego is extremely aggressive in dealing with social ego and its costs; can be termed a form of suicide for the supernatural.

**2. Altruistic Suicide:**

Altruistic Suicide is characterized by the sense of being part of the group's goals and beliefs. It occurs in highly integrated societies, where individual needs seem less important than the needs of society as a whole. If excessive discharge leads to suicide, insufficient emptiness has similar consequences. Once a person is separated from society, he or she develops less suicidal thoughts, and this is done when social cohesion is more powerful. In his book Bartholin reports that Danish warriors view it as a shame to die in a bed of old age or disease, and to commit suicide in order to escape this disgrace. So the older men threw themselves into a heap called the Rock of Ages.

**Main Causes of Suicide:**

The causes of suicide vary from case to case. There can be many different causes depending on the person, place and region and region. We find the various causes of suicide in describing the types of suicides. When we talk about suicide we can only talk about safety with known psychological causes. A person is unable to identify things about his or her personality, be it behavior, personality, or circumstances and backgrounds that increase or enhance

- Study the contribution and global share of the 10 most productive countries
- Study the distribution of publications on a variety of topics, with unique features of the world and the identification of keywords
- Study the contribution and impact of the top 15 organizations and authors.
- Learn how to communicate with the highest quality product.

Therefore they provide good accommodation for those in charge.

**3. Anomic Suicide:**

This type of suicide is the result of some form of social inequality, such as falling or after winning the lottery. In other words, an altruistic suicide occurs suddenly. It reflects the confusion of human behavior and the lack of social cohesion, which is related to the great social and economic turmoil. It is the product of moral decay and the lack of explanation of the legitimate desires of social self-control, which can put the understanding and order in each conscience.

**4. Fatalistic Suicide:**

Fatalistic suicide is the opposite of anomic suicide. It occurs when a person is overly controlled, when his or her future is mercilessly blocked and desires are cruelly suppressed by oppressive discipline. It happens in oppressive societies, which cause people to choose death over living in their own society. A good example would be that some people prefer death to permanent imprisonment because of constant abuse and extremist laws that restrict them to follow their desires. This type of suicide is caused by excessive social exclusion.

the underlying cause of suicide, below are a list of major causes for suicide.

More than 90 percent of those who commit suicide have a mental illness at the time of their death. And the most common mental illness is depression. Neglected depression is the leading cause of suicide. It is rare for a person to die by suicide for some reason. Thus, there is often more than one cause of suicide. Many people die of suicide because depression is a major cause of stress, and a

person may not be able to get the best treatment or cure for depression.

Some of the health problems that can cause depression, as well as other causes of depression, include:

- The death of a loved one.
- Divorce, separation, or relationship separation.
- Losing custody of a child, or feeling that a custody decision is wrong.
- Major Losses, such as job loss, house, or money.
- Illness A serious illness.
- Chronic illness.
- Great Big risk.
- Pain chronic physical pain.
- Pain severe emotional pain.
- Despair.
- Harassment (domestic violence, rape, beatings, etc.).
- Is A loved one is abused (child murder, child abuse, kidnapping, murder, rape, assault, etc.).

- Harassment Physical abuse.
- Harassment Verbal Harassment.
- Sexual Harassment.
- Harassment Unresolved Abuse (of any kind) from the past.
- Feeling "stuck" in a situation that is perceived as negative.
- Feeling that things will not get better.
- Feeling helpless.
- Major legal issues, such as criminal prosecution or imprisonment.
- Feeling "useful."
- Incapability to deal with the awkward perceived circumstances.
- Failure to deal with perceived "failure" (Marriage, love affairs, testing)
- Excessive drinking.
- Drug Abuse.
- Low self-esteem.

**Statistics of Suicide in India:**

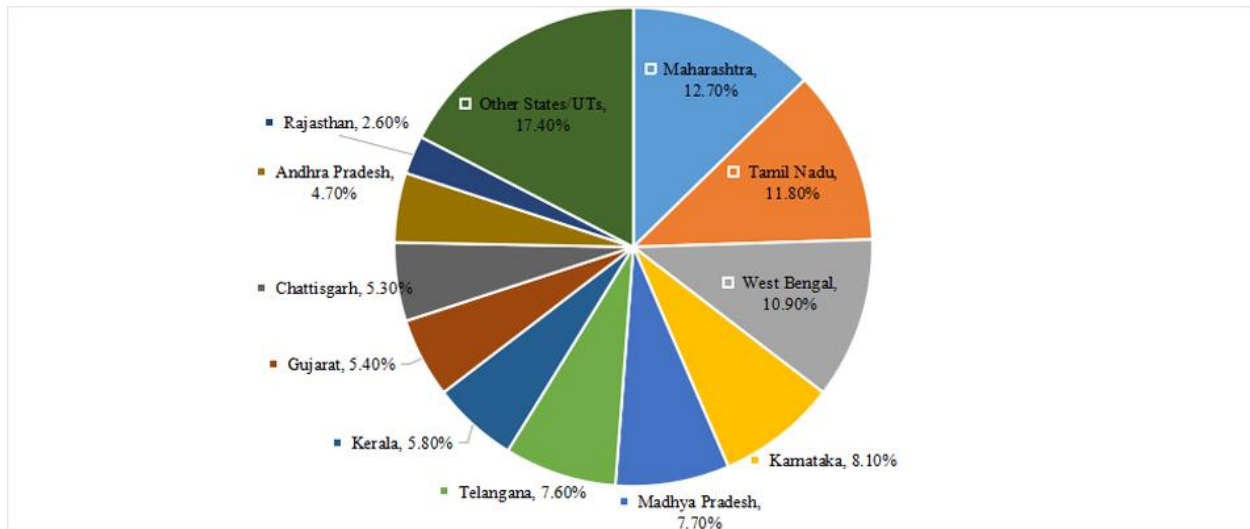
Every year, more than 100,000 people commit suicide in India. There are various causes of suicide such as work / work problems, discrimination, feelings of isolation, abuse, violence, family problems, mental disorders, alcoholism, financial loss, chronic pain and more.

The national census over the next decade (2005-2015) recorded a growth of 17.3% (1,33,623 in 2015 from 1,13,914 in 2005). The increase in the number of suicides was reported annually until 2011 after which a decrease was noted until 2014 and increased by 1.5% in 2015 over 2014 (from 1,31,666 suicides in 2014 to 1,33,623 in 2015).

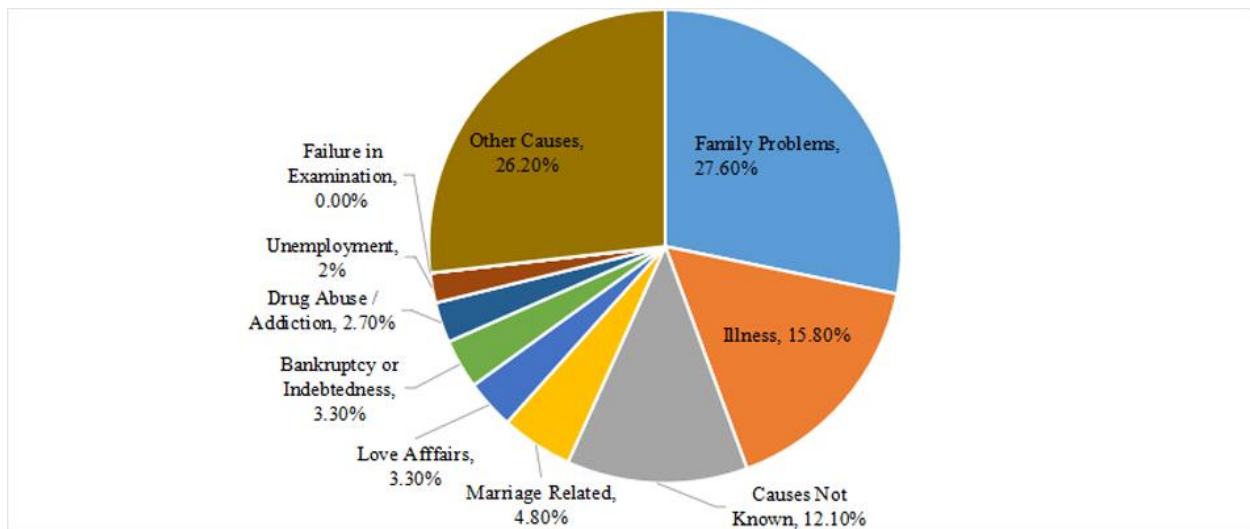
**Number of Suicides and Rate of Suicides in India 2011 to 2015:**

Sr. No.	Year	Number of Suicides	Rate of Suicide
1	2011	1,35,585	11.2
2	2012	1,35,445	11.2
3	2013	1,34,799	11.0
4	2014	1,31,666	10.6
5	2015	1,33,623	10.6

State/UT-wise Major Percentage Share of Suicides in India - 2015:



Percentage Share of Various Causes of Suicides During 2015:



State-wise Distribution of Suicide Rate in India - 2015			
Andhra Pradesh	12.1	Nagaland	0.9
Arunachal Pradesh	10.4	Odisha	9.7
Assam	10	Punjab	3.6
Bihar	0.5	Rajasthan	4.8
Chattisgarh	27.7	Sikkim	37.5
Goa	15.4	Tamil Nadu	22.8

Gujarat	11.6	Tripura	19.6
Haryana	13	Telangana	27.7
Himachal Pradesh	7.7	Uttar Pradesh	1.8
J & K	3	Uttrakhand	4.5
Jharkhand	2.5	West Bengal	15.7
Karnataka	17.4	A& N Island	28.9
Kerala	21.6	Chandigarh	6.9
Madhya Pradesh	13.3	Delhi	8.8

“Rate of suicides i.e. the number of suicides per one lakh population, has been widely accepted as a standard

**Farmer Suicide:**

“It is estimated that more than a quarter of a million Indian farmers have committed suicide in the last 16 years, the largest wave of recorded suicides in human

yardstick for comparison. All India rates of suicides were 10.6 during the year 2015.”[5]

history. A great number of those affected are cash crop farmers and cotton farmers in particular.”[5]

Number of Suicide among Farmers and Percentage Share from Total Suicide in India (2013 - 2015)		
Year	Number of Suicide	Percentage Share
2013	11,772	8.7%
2014	12,360	9.4%
2015	12,602	9.4%

**Prevention Method:**

The four-dimensional suicide attack suggested in the 2003 monograph was

- (1) Reduce social prejudice,
- (2) To prevent social divisions,
- (3) Treating mental disorders,
- (4) Controlling the sale of pesticides and ropes.
- (5) Promoting a mental and meditation session and yoga.

In addition, a series of government-led policies are forced to reduce the high suicide rate among Karnataka farmers.

**Conclusions:**

As a human being, it is true that we all must die one day. But the way of death is also important. God has given us this life, just one life, to enjoy it and take good care of it.

We will give you details about how we use our last days as we stand before the One who gave us. We have discussed in this article the various forms of suicide, the degree to which it is considered, and the Bible's response

to suicide. Apparently it is because some even view drug addicts or other alcoholics as intentional suicide not mentioned in this paper. Now, in conclusion, we have our obligations regarding suicide in some way. Time to fight it; has told the world that suicide is not the answer to problems and health problems. It is an act of cowardice to

escape suffering. On the other hand, if we endure the suffering of life, the reward is always greater than what we really think. It is therefore a great challenge for us to help the needy, to comfort the depressed, to comfort the oppressed and the hope that God has set before us in the Bible.

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